



2023

COMPETITIVE TEAM

INFO PACK



info@smcad.com.au



0477 704 079



www.smcad.com.au



[/SMCheerandDance](https://www.facebook.com/SMCheerandDance)



[/smcheeranddance](https://www.instagram.com/smcheeranddance)

**ABSENTEES - BAND/TEXT
FEES/PAYMENTS - EMAIL**

4/301 Collier Rd, Bassendean

WELCOME TO

SM CHEER & DANCE

**You are joining Perth's longest standing
CHEER & DANCE program!**

FUN | FAMILY | GROWTH | RESPECT | POSITIVITY

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OPENING HOURS

MON	3.30-9.30pm
TUE	3.30-8.45pm
WED	3.30-9.30pm
THUR	3.30-9.30pm
FRI	3.30-8.30pm
SAT	8.15am-1.15pm
SUN	CLOSED

FRONT-DESK HOURS

MON - THUR	3.30pm-6.00pm
SAT	8.15am-12.00pm

CONTACT-US!

FOR ALL GENERAL ENQUIRIES!
info@smcad.com.au
0477 704 079

Rachael - rachael@smcad.com.au
Cheer Program Enquiries

Teneal - teneal@smcad.com.au
Dance Program Enquiries

Kenzie - kenzie@smcad.com.au
Fees & Payment Plans
Recreational Program Enquiries

Maddi - maddi@smcad.com.au
Birthday Parties Enquiries

PARENT PORTAL!
CLICK HERE

**JOIN THE SMCAD
BAND GROUP**
CLICK HERE

Please note our admin staff do NOT work MON-FRI and may take
up to 2-3 working days to respond to email enquiries.
Email info@smcad.com.au for all general enquiries or catch us
at the front desk!



TEAM EXPECTATIONS

COMMITMENT

As a part of SMCAD's competitive team program, we expect all members to abide by our attendance policy. Each athlete plays a crucial role in the team and are not easily replaced. Attendance at all scheduled trainings/events/camps/competitions and workshops is compulsory AND very important for the success and growth of the team. Athletes are expected to uphold all team commitments from January to December, including during test and exam periods. We encourage athletes to utilise the below student timetable! Missing training to study due to poor time management, to attend parties or social events is unacceptable and will result in athletes being removed from stunting groups/front line choreography.

Acceptable reasons for missing training - major school events/camps (with 1 month's prior notice), weddings/major family events (with notice in Jan), family emergencies, illness where athlete cannot get out of bed (please text us on the day).

All injured athletes are expected to attend training to participate where they can and/or watch training to pick up all routine changes. As the season progresses coaches are constantly upgrading routines and changing choreography - ongoing absences set the team back in reaching their seasonal goals and hinder individual athlete skill progression.

If athletes are absent at any training for any reason (including those listed as accepted absences), in the 2 weeks leading up to any competition/event, coaches may remove that athlete from stunting positions/front line choreography. This is for the safety and success of the individual and team.

**ATTENDANCE
POLICY**

**ABSENTEE
NOTIFICATION**

**STUDENT
TIMETABLE**

COMMUNICATION

Communication is KEY at SMCAD! Stay in the loop with everything Cheer & Dance using the following platforms of communication!

**BAND
APP**

Staff utilise the SMCAD Band Group for all day-to-day communication regarding teams, events, competitions, training, uniforms, workshops, camps and MORE! Please keep your notifications ON or set to alert you only once a day, to ensure you are up to date with everything going on in the gym.

**JOIN THE SMCAD
BAND GROUP
HERE**

EMAIL

info@smcad.com.au
PAYMENTS/FEES/GENERAL ENQUIRIES

TEXT

0477 704 079
ABSENTEES/EMERGENCIES



2023 Teams!

CHEER & DANCE

NOVICE CHEER & POM

TEAM	AGES	DIVISION & LEVEL	TRAINING DAYS/TIMES
TINY TWINKLEZ & TERRESTRIALS	TINY 4-6yrs	NOVICE CHEER & POM	SAT 8.30-10am & WED 4.15-5.15pm
LIGHTNING & THUNDER	MINI 7-8yrs	NOVICE CHEER & POM	SAT 10.30am-12pm & TUE 4-5pm
HAIL & HURRICANES	MINI 7-8yrs	NOVICE CHEER & POM	MON 5-6pm & FRI 4.15-5.45pm
ROCKETZ & NEBULA	YOUTH 9-12yrs	NOVICE CHEER & POM	TUE 4.45-6.15pm & SAT 8.30-10am
SOLAR & FLARES	YOUTH 9-12yrs	NOVICE CHEER & POM	MON 4.30-6pm & WED 5-6.30pm

ALL STAR CHEER/NT

NOVA	YOUTH 7-12yrs	LEVEL 1 CHEER	SAT 10.30-11.30am & THUR 4.45-6.15pm <i>PICK A 45MIN TUMBLE CLASS!</i>
GRAVITY	JUNIOR 8-15yrs	LEVEL 1 CHEER	SAT 11.45am-1.15pm & TUE 6-7.30pm <i>PICK A 45MIN TUMBLE CLASS!</i>
SOLSTICE	SENIOR 11-18yrs	LEVEL 1 CHEER	THUR 4.30-6.30pm <i>PICK A 45MIN TUMBLE CLASS!</i>
STORM	JUNIOR 8-15yrs	LEVEL 2 CHEER	SAT 8.45-10.15am & WED 5.30-7pm <i>PICK A 45MIN TUMBLE CLASS!</i>
COMETZ	SENIOR 11-18yrs	LEVEL 3 CHEER	SAT 11.45am-1.15pm & WED 4.15-5.45pm <i>PICK A 45MIN TUMBLE CLASS!</i>
APOLLO 4.2	OPEN 14+yrs	LEVEL 4.2 CHEER	MON 6.30-8.30pm

ALL STAR ELITE CHEER

INTERSTELLAR & COMETZ	OPEN/ SENIOR 14-18yrs	LEVEL 4 CHEER & LEVEL 3 CHEER	SAT 11.45am-1.15pm & WED 4.15-5.45pm & WED 7.30-9pm <i>PICK A 45MIN TUMBLE CLASS!</i>
INTERSTELLAR & APOLLO 4.2	OPEN 14+yrs	LEVEL 4 CHEER & LEVEL 4.2 CHEER	MON 6.30-8.30pm & WED 7.30-9.30pm <i>PICK A 45MIN TUMBLE CLASS!</i>
STARZ ELITE & INTERSTELLAR	OPEN 14+yrs	LEVEL 5 CHEER & LEVEL 4 CHEER	MON 7-9.30pm & WED 7.30-9.30pm & FRI 6.30-8.30pm <i>PICK A 45MIN TUMBLE CLASS!</i>

ALL STAR DANCE

ORION	JUNIOR 8-15yrs	POM & JAZZ	SAT 10.15-11am & TUE 4-5pm <i>PICK A 30MIN TECHNIQUE CLASS!</i>
INFINITY	OPEN 14+yrs	JAZZ & LYRICAL	THUR 7.00-9.00pm <i>INCLUDES x1 30MIN TECHNIQUE CLASS</i>
ZODIAC	OPEN 14+yrs	POM	THUR 6.30-7.30pm <i>INCLUDES x1 30MIN TECHNIQUE CLASS</i>

SPECIALTY PROGRAMS

GROUP STUNT	OFFER ONLY	FRI 4.30-5.15pm/5.45-6.30pm
DANCE DOUBLES	OFFER ONLY	FRI 4.30-5.15pm/5.45-6.30pm

\$120 p/10 week term (DUE 1st FEB/APR/AUG/SEPT)

ADDITIONAL CLASSES

TUMBLE CLASS	30-45min	MON-SAT - Book via your Parent Portal
PRIVATES	30min	MON-SAT - Email info@smcad.com.au to book in
FLY & FLEX	30min	MON-SAT - Book via your Parent Portal COMPULSORY FOR LEVEL 1+ FLYERS
DANCE TECHNIQUE	30min	TUE/THUR/SAT - Book via your Parent Portal

45min classes - \$120 p/10 wk term, 30min classes - \$80 p/10 wk term, PRIVATES \$400 p/10 wk term (DUE 1st FEB/APR/AUG/SEPT)



www.smcad.com.au

PARENT PORTAL!
CLICK HERE

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You will see some increases in fees this season as more classes are included in monthly tuition AND due to wage increases under our industry award.

Annual Investment

ENROLMENT, TUITION, CAMP, COMPETITIONS

ENROLMENT FEE

2023 MEMBERSHIP, ATHLETE INSURANCE,
2023 TRAINING T-SHIRT, SCRUNCHIE

\$80

	MONTHLY TUITION	SKILLS CAMP	COMPETITION FEES	TOTAL ANNUAL FEE
	DUE 1st each month AUG-DEC	DUE 7th Feb	#1 - DUE 1st May #2 - DUE 1st Jul #3 - DUE 1st Sept	INCL. TUITION/CAMP/ COMPS
	Annual training tuition divided into 11 equal instalments	2023 Skills Camp Fee (accommodation, food, training, activities)	Competition entry, routine choreography, music, coach competition pay	Does not include annual enrolment fee/uniforms/tour expenses
TINY TWINKLEZ & TERRESTRIALS	\$129	\$65 (1 fee per athlete) SUNDAY ONLY	\$173	\$1959
LIGHTNING & THUNDER	\$144			\$2124
HAIL & HURRICANES	\$144			\$2124
ROCKETZ & NEBULA	\$155			\$2234
SOLAR & FLARES	\$155			\$2234
NOVA	\$172	\$180 (1 fee per athlete) FRIDAY-SUNDAY	\$190	\$2581
SOLSTICE	\$158		\$190	\$2433
GRAVITY/STORM/COMETZ	\$196		\$190	\$2840
STORM & COMETZ/GRAVITY	\$263		\$270	\$3795
APOLLO 4.2	\$114		\$165	\$1896
APOLLO 4.2 & COMETZ	\$220		\$255	\$3299
INTERSTELLAR & COMETZ	\$235	\$180 (1 fee per athlete) FRIDAY-SUNDAY	\$265	\$3483
INTERSTELLAR & APOLLO 4.2	\$212		\$245	\$3184
STARZ ELITE & INTERSTELLAR	\$276		\$275	\$3950
ORION	\$123	\$180 (1 fee per athlete) FRIDAY-SUNDAY	\$215	\$2134
INFINITY	\$114		\$220	\$2061
ZODIAC	\$89		\$150 (1 FEE ONLY)	\$752
ORION (crossover)	\$104		\$120	\$1651
INFINITY (crossover)	\$91		\$120	\$1571
ZODIAC (crossover)	\$71		\$65 (1 FEE ONLY)	\$548

*Double team/crossover athletes are charged at a reduced hourly rate!
 *BLOCK OUT DATES are accounted for in annual tuition fee - TEAMS DO NOT TRAIN ON PUBLIC HOLIDAYS
 *Monthly tuition fees for competitive team tuition cap at 7 hours/week (\$348 p/month)
 *All Star CHEER teams (not incl. 4.2) includes x1 45min tumble class p/week in monthly tuition per enrolled athlete
 *All Star DANCE teams includes x1 30min dance technique class p/week in monthly tuition per enrolled athlete
 *Fees will be direct debited from your card/account on file on the due date
 *All fees are non-refundable
 *50% of the upcoming monthly tuition fee is due if an athlete is withdrawn from a team mid-season (Feb-Dec)
 For a complete list of all payment/fee policies see our policies page on our website

GROUP STUNT & DANCE DOUBLES
 Competition fees are subject to entries
 per team. Each group's competition
 calendar will be confirmed in term 1!
 \$30 per event



Annual Investment

UNIFORMS, ADDITIONAL CLASSES, POLICIES

ALL UNIFORM/COSTUME ORDERS REQUIRE FULL PAYMENT BY APRIL 1ST

COMPETITION UNIFORMS

We are introducing a NEW OPEN CHEER UNIFORM in 2023 to align with changes to the IASF rules in regards to midribs

2023 CHEER UNIFORM PRICES

NOVICE UNIFORM (TOP, SKIRT, SHORTS, BOWS, POMS) - \$260

NOVICE UNIFORM (BOW/POMS ONLY) - \$65

YTH/JNR/SNR CHEER UNIFORM (TOP, SKIRT, BOW) - \$220

YTH/JNR/SNR CHEER UNIFORM (BOW ONLY) - \$30

OPN CHEER UNIFORM (NEW TOP, NEW SKIRT, BOW) - \$240

STARZ ELITE UNIFORM - \$290 (LADIES'), \$260 (MEN'S), \$30 (BOW ONLY), \$140 (SHOES), \$60 (HIRE OPN UNIFORM)

ADDITIONAL ITEMS TO PURCHASE

NOVICE - BALLET SLIPPERS & DANCE TIGHTS (TBC VIA TEAM BAND GROUP)

NOVICE & ALL STAR CHEER - WHITE CHEER SHOES (via CheerDirect, CheerSupply, EliteCheerEssentials)

2023 ALL STAR DANCE COSTUME PRICES

HALOS

\$110 (LYRICAL COSTUME, POMS, HAIRPIECES),

\$105 (POM TOP), \$65 (POM SHORTS)

*POM TOP/SHORTS ARE THE SAME AS YTH/JNR/SNR CHEER

ORION

\$110 (JAZZ COSTUME, POMS, HAIRPIECES),

\$105 (POM TOP), \$65 (POM SHORTS)

*POM TOP/SHORTS ARE THE SAME AS YTH/JNR/SNR CHEER

ZODIAC

\$120 (POM COSTUME, POMS, HAIRPIECE)

INFINITY

\$200 (LYRICAL & JAZZ COSTUMES, HAIRPIECES)

ADDITIONAL ITEMS TO PURCHASE

DANCE SHOES & DANCE TIGHTS (TBC VIA TEAM BAND GROUP)

TRAINING UNIFORM GUIDELINES

ALL COMPETITIVE CHEER & DANCE ATHLETES ARE EXPECTED TO ABIDE BY THE FOLLOWING UNIFORM GUIDELINES WHILE TRAINING AT SMCAD AND REPRESENTING THE CLUB IN OUT-OF-GYM WORKSHOPS/TRAININGS

Training Uniform Guidelines:

- Any SMCAD t-shirt with SMCAD/black/blue/pink/navy shorts or similar
- All tops/shirts must follow appropriate cover up guidelines
- Appropriate footwear per class - socks/sneakers/cheer shoes or dance shoes
- Hair neatly tied back, no jewellery, no gum

COMPETITION UNIFORM GUIDELINES

ALL COMPETITIVE CHEER & DANCE ATHLETES ARE EXPECTED TO ABIDE BY THE FOLLOWING UNIFORM GUIDELINES WHILE REPRESENTING SMCAD AT COMPETITIONS AND EVENTS

Competition Uniform Guidelines:

- Arrive at competitions/events in the appropriate competition uniform/costume as per each teams' specific 2023 COMPETITION ETIQUETTE GUIDE (to be released March 2023)
- Cover up all midribs while at competition when not in the warm up hall or competing
- Wear appropriate footwear when not in cheer/dance shoes - sneakers/slides, NO ugg boots or slippers
- Wear SMCAD-branded cover ups/jackets/jumpers - no outside-branded hoodies etc.
- Remain in SMCAD uniform for the entirety of awards, until dismissed by a coach



TERM DATES

Term 1 - Sat 28th Jan to Thurs 6th Apr
 Term 2 - Sat 29th Apr to Fri 7th July
 Term 3 - Sat 15th July to Fri 22nd Sept
 Term 4 - Sat 7th Oct to Fri 8th Dec

2023 Calendar

Our complete calendar including all closure/block out dates will be released in our 2023 Team Info Pack before Registration Day.

SMCAD IS CLOSED ON PUBLIC HOLIDAYS & DURING COMPETITION WEEKENDS
 (all block out dates are accounted for in annual tuition fees)

TERM 1		TERM 2	
JAN 9-27	SUMMER HOLIDAY WORKSHOPS	APR 29	FIRST DAY OF TERM 2
JAN 28	FIRST DAY OF TERM 1	MAY 1	MAY/TERM 2 TUITION FEE DUE
FEB 1	FEBRUARY/TERM 1 TUITION FEE DUE		COMPETITION FEE #1 DUE
FEB 7	SKILLS CAMP FEE DUE	JUN 1	JUNE TUITION TUITION FEE DUE
FEB 24-26	2023 SKILLS CAMP	JUN 5	WA DAY - CLOSED
MAR 1	MARCH TUITION FEE DUE	JUN 11	2023 LIFT OFF SHOWCASE - ALL TEAMS!
MAR 6	LABOUR DAY - CLOSED	JUN 24/25	CHEER CON - COMPETITION
MAR 20-25	CHOREOGRAPHY WORKSHOP WEEK	JUL 1	JULY TUITION FEE DUE
APR 1	APRIL TUITION FEE DUE		COMPETITION FEE #2 DUE
APR 6	COMPETITION UNIFORM ORDERS DUE	JUL 7	LAST DAY OF TERM 2
APR 12-25	LAST DAY OF TERM 1		
	WORLD CHAMPIONSHIPS USA TOUR!		
TERM 3		TERM 4	
JUL 15	FIRST DAY OF TERM 3	OCT 7	FIRST DAY OF TERM 4
AUG 1	AUGUST/TERM 3 TUITION FEE DUE	NOV 1	NOVEMBER TUITION FEE DUE
AUG 5/6	AUSSIE GOLD - COMPETITION	NOV 12	2024 TEAM PLACEMENTS
AUG 25-27	AASCF - COMPETITION	NOV 17-19	ATC SHOWDOWN - COMPETITION
SEPT 1	SEPT TUITION FEE DUE	NOV 29-DEC 5	CHEER CON SYDNEY NATIONALS TOUR
	COMPETITION FEE #3 DUE	DEC 1	DECEMBER TUITION FEE DUE
SEPT 16/17	CHEER CON - COMPETITION	DEC 8	LAST DAY OF TERM 4
SEPT 22	LAST DAY OF TERM 3	DEC 9	2023 INFINITY & BEYOND AWARDS EVENT
OCT 1	OCTOBER TUITION FEE DUE	DEC 15	2024 REGISTRATION DAY













































*SMCAD is CLOSED on all public holidays to NON-TOURING TEAMS

*Regular training sessions for all teams will NOT run on PERTH competition weekends

*SMCAD will stay OPEN during the CHEER CON NATIONALS SYDNEY TOUR



competitions & Events

TEAM/S	2023 SKILLS CAMP	CHOREOGRAPHY WORKSHOP WEEK	2023 WORLD CHEER & DANCE CHAMPIONSHIPS	SMCAD LIFT OFF SHOWCASE	CHEER CON	AUSSIE GOLD	AASCF	CHEER CON	ATC SHOWDOWN	CHEER CON NATIONALS SYDNEY, NSW	INFINITY & BEYOND AWARDS EVENT			
	FEB 24-26	MAR TBA	APR 12-25	JUN 11	JUN 24/25	AUG 5/6	AUG 25-27	SEPT 16/17	NOV 17-19	NOV 29 - DEC 5	DEC 9			
TINY TWINKLEZ/TERRESTRIALS LIGHTNING/THUNDER ROCKETZ/NEBULA	SUNDAY ONLY													
HAIL/HURRICANES SOLAR/FLARES														
NOVA														
GRAVITY														
SOLSTICE, STORM														
COMETZ														
ORION														
APOLLO 4.2														
ZODIAC														
INTERSTELLAR														
INFINITY STARZ ELITE			WORLDS ROSTER ONLY											

Competition schedules are released 2-3 weeks prior to events on team Band groups. Please block out all competition weekends to avoid scheduling conflicts and keep your notifications ON to keep up to date with events and competitions on Band.

*All event/competition dates are subject to change by the event provider

*Attendance at all events/competitions is compulsory for NOVICE/ALLSTAR athletes (see our attendance policy on our website)

LIFT OFF SHOWCASE!

Kick off the season at our annual Lift Off Showcase! All teams will perform their competition routines for the very first time at Lift Off. In collaboration with CA Flyers, SMCAD is excited to show off all of our Novice and All Star teams for all friends and families to see!

INFINITY & BEYOND AWARDS EVENT!

End the year with a BANG and celebrate a successful season of cheer and dance at SMCAD's annual INFINITY & BEYOND AWARDS EVENT! Save the date!

CHEER CON NATIONALS TOUR

GRAVITY | ORION | APOLLO 4.2

SMCAD is taking our junior level 1, junior dance and open 4.2 teams to Cheer Con's very first NATIONALS EVENT! The Pink, Blue & White will be taking Sydney by storm with some of its most competitive junior and open-aged athletes! Touring teams will receive further information about this tour in January 2023.



WORKSHOPS & CAMPS

2023 SKILLS CAMP!

Join the SMCAD FAMILY at
ERN HALLIDAY RECREATION CENTRE
for our 2023 Skills Camp!

Kick off the 2023 season with your Cheer & Dance Teams at SMCAD's annual Skills Camp! Stunt, build pyramids, tumble, jump and dance the weekend away while having a BLAST with your teammates. At Skills Camp, teams begin to learn their stunting sequences and dance choreography for the competitive season, while growing strong team bonds, essential for a successful year. Teams staying overnight will be housed in dorms allocated by SMCAD Staff. Skills Camp fee is DUE 1st Feb 2023.

NOVICE CHEER & DANCE TEAMS

Drop Off/Sign In Sunday 26th Feb 8.45-9.00am

*Athletes will be signed in at the DROP OFF location at Ern Halliday Recreation Camp

Pick Up/Sign Out Sunday 26th Feb 2.00-2.30pm

*Athletes will be signed out at the PICK UP location at Whitfords Nodes

What to Wear

NAVY 2023 SMCAD tee, 2023 scrunchie, cheer shoes/sneakers

What to Pack

Water bottle, hat/sunscreen, sneakers, cheer shoes, dance shoes, bathers/beach towel/thongs (if swimming at Sunday lunch

athletes must be supervised by a parent/guardian)

CAMP INCLUSIONS!

Morning snack, pizza lunch at Whitfords Nodes, a full day of training and fun with the entire SMCAD Staff, games/activities/prizes and more!

ALL STAR CHEER & DANCE TEAMS

Drop Off/Sign In Friday 24th Feb 4.45-5.00pm

*Athletes will be signed in at the DROP OFF location at Ern Halliday Recreation Camp

Pick Up/Sign Out Sunday 26th Feb 2.45-3.30pm

*Athletes will be signed out at the PICK UP location at Ern Halliday OR Whitfords Nodes

What to Wear

Friday - ANY SMCAD training tee/shorts, sneakers

Saturday - 2023 CAMP tee, 2023 scrunchie, cheer/dance shoes

Sunday - NAVY 2023 SMCAD tee/shorts, 2023 scrunchie, cheer/dance shoes

What to Pack

Items will include - Navy 2023 SMCAD tee, extra training clothes, casual clothes, sneakers/cheer shoes/dance shoes/thongs, underwear, hat/sunscreen, bathers/beach towel (if swimming at Sunday lunch athletes must be supervised by a parent/guardian), water bottle, PJs, pillow, sleeping bag, bath towel, toiletries

WE INVITE EVERYONE to come along to our 2023 Family Picnic
at Whitfords Nodes from 12.30pm on Sunday 26th Feb

CHOREOGRAPHY WORKSHOP WEEK!

**SCHEDULE TO BE
RELEASED
IN JANUARY 2023**

**ALL WORKSHOPS WILL BE
SCHEDULED SIMILARLY
TO REGULAR WEEKLY
TRAINING DAYS/TIMES**

Compulsory for all NOVICE/ALL STAR Teams, CHOREOGRAPHY WORKSHOP WEEK is where teams learn their entire cheer and dance routines over extended training sessions. It is essential all athletes are in attendance for choreographers to create the best routines possible for the 2023 season!



WELCOME TO THE SMCAD *Family*

**COMPLETE A
TEAM AGREEMENT
FORM!**



**TEAM
AGREEMENT
FORM**



info@smcad.com.au



0477 704 079



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